

Cancer Prevention **For Agricultural Workers**

Workers who spend many hours outdoors are likely to have higher exposure to the sun's UV rays and may be at increased risk of developing skin cancer. In addition, exposure to other toxins such as some pesticides or wildfire smoke may also be associated with an increased risk of negative health effects and certain types of cancers.

Follow these tips to reduce your risk of harmful exposures at work.





- Wear protective clothing in the field
- - N95 masks can protect your lungs from wildfire smoke.
- Wash your work clothes separately.
- Always wash up after work and before you hug or pick up your children.

Call Us 800-858-7378 For more support on pesticide safety, call or visit the National Pesticide Information Center http://npic.orst.edu

